

List of the Recommended Personal Equipment for Participants

Participants to the excursion to Anjanabonoina are strongly advised to consider bringing along the following equipment:

- Trekking shoes;
- Flipflops or crocks-type sandals for river fording;
- Trekking trousers, long;
- Two pile sweaters;
- Windproof jacket;
- Beanie hat;
- Sun hat;
- Warm underpants, full length;
- Warm t-shirt, long sleeves;
- Backpack of adequate size;
- Tent;
- Sleeping bag;
- Camping mattress;
- Head lamp;
- Half-litre thermic bottle for hot liquid;
- Toothbrush and toothpaste;
- Small microfibre towel;
- A modicum of liquid soap;
- Insect repellent;
- Sunscreen lotion;
- Chapstick;
- Gardening gloves.

In addition to the above, all items of personal choice for personal hygiene, capturing images, collecting samples, etc.